

# GOLDBERG

Legal guidance for a lifetime.

## Warning Signs Aging Parent(s) May Need Help

### Driving problems

- Do you see any unexplained dents or scratches on the car?
- Are you aware of any traffic tickets?
- Have they gotten lost?
- Have driving skills gotten worse? Do you believe it is safe for them to be driving? Is it safe for other drivers?

### Condition of the home

- Is the house messy, dirtier, or more cluttered than usual?
- Do you notice repairs have been neglected?
- Does the refrigerator have adequate fresh food?
- Is there moldy or expired food in the refrigerator or pantry?
- Are there burned out light bulbs, clogged drains, broken appliances or things needing simple repairs?
- Are there dishes stacked in the sink? Do you see any burned pots or pans? Burn marks or water marks on the floors or counters in the kitchen or bathroom?

### Medication Management

- Are medications organized so it's less challenging for them to take the right dose at the right time?
- Are expired medications stored with current medications?
- Do you see new prescriptions, supplements, or vitamins you were unaware of?

# GOLDBERG

Legal guidance for a lifetime.

Date \_\_\_\_\_

# GOLDBERG

Legal guidance for a lifetime.

## **Financial Management**

- Is there a lot of mail that has not been opened?
- Do you see any unpaid bills?
- Has the checking account been overdrawn?

## **Bathing & Grooming**

- Do you see any signs they have not been bathing, washing their hair, brushing their teeth or trimming their nails?

## **Physical and mental health**

- Do you see any signs of weight loss? Do they seem frail?
- Do they have trouble seeing?
- Are they unsteady on their feet?
- Do they have difficulty getting up and down from a chair or from bed?
- Are they repeating themselves or are they unusually confused or agitated?

## **Social Life**

- Are they still visiting with their regular friends?
- Are they hesitant to leave their house?
- Are they still participating in the activities they used to like?

# GOLDBERG

Legal guidance for a lifetime.

Date \_\_\_\_\_